



SENIOR ADVISORY BOARD MINUTES

Monday, March 28, 2022

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

Present: Regular members: Chair: Kenneth Williams; Vice Chair Susan Bell; Alberta Reese, Virginia Denson, Wathenia Clark; Alternates: Dianna Lieberenz, Sharon Pouzar

Absent: Cheryl Smith

Visitors: Debra Shinder, Mike Britton, Larry and Gaylynn Beckham

Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director; Colin Paterson, Senior Programmer

1. The Chair, Kenneth Williams, called the meeting to order at 10:00 a.m. Quorum present.
2. Citizen's Input.
 - A. Debra Shinder introduced herself and her interest to hear more about senior concerns and issues. Appreciation to members for their service was expressed.
 - B. Mike Britton introduced himself indicating his presence is to find out what the Senior Advisory Board needs.
3. Consider approving the minutes from February 21, 2022.
 - A. Albert Reese made a motion to approve the February 21, 2021 minutes.
 - B. Susan Bell seconded the motion.
 - C. Approved 5 to 0.
4. Rowlett Library Presentation. (Sharon Pouzar entered)

Nancy Chevalier reported the library added an adult activity on the first Thursday of each month and in April the activity is Titanic Murder Mystery. A trivia night is planned once a month through a phone app and/or laptop. Senior book club is held on the first Wednesday of each month at 1:00 p.m. at Library and the size of the group depends on the book. Maker Monday is an in-person craft program for adults held every 2nd and 4th Monday nights at 6:30 p.m. If board members have any suggestions of programs, feel free to share ideas with her. Summer Reading programs kick off will be held at Wet Zone on June 11th. Morning story time and family story time are offered. Twice a month there is Saturday programs which has speakers for different topics. Recently a guest speaker was MMA Fighter Abril Anguiano. Always looking for volunteers for the GED program, ELS classes, and general library tasks. There are after school programs. The April program calendar was distributed to members.
5. Review Open Meetings Act.



Aaron Cleaver reviewing the meaning of Open Meetings Act and how it relates to this board meeting. Stated the members responsibility during board meetings with Citizen's Input and agenda item Senior Concerns.

6. Discuss plans for the seminar event scheduled for April 12, 2022.
 - A. Members further discussed with city staff about hosting a council candidate forum/meet & greet on April 12th. Other candidate forums hosted by non-city organizations are scheduled within the city that seniors can attend. Only four of the candidates responded to attend. Members decided to not host this type of seminar and will move forward with another seminar topic. Laura Hallmark, City Secretary, will send a notice to the candidates on behalf of the Senior Advisory Board on the cancellation.
 - B. Pamela Bell requested to keep the seminars to remain educational. S Monroe will send information on the other candidate forums by email to board members.
 - C. The suggested topic for the April seminar is Dallas Areas Rapid Transit to include the basics and maybe involve going to the DART station. Colin Paterson will contact DART for the arrangements.
7. Senior program and activity update.

If members know of anyone who could be a line dancing instructor to contact C. Paterson. The last Murder Mystery Dinner event had the largest group so far and the next one is scheduled for April 20th. About 20 individuals attended the St. Patrick's Day luncheon and the next luncheon will be in April for Easter. A few of the upcoming field trips are Canton on April 29th and Texas Rangers April 28th.
8. Update from City Liaison, Pamela Bell.
 - A. The first building permit for Sapphire Bay has been issued.
 - B. Reviewed the City Council candidate list. Chamber's Forum Mayor's forum April 4th 7pm at Church in the City and April 11th at 7pm. Early voting starts April 25th and election day is May 7th. April 23rd a forum at First Christian Church at 3pm. Mentioned information on registered voters.
 - C. April 9th is Keep Rowlett Beautiful shredding event and electronic recycling at the Rowlett High School.
 - D. Rowlett Sings will be held on April 30th at Freedom Place Church.
 - E. April 10th the Easter Eggstravaganza and Pup-pa-looza will be held.
 - F. April 23rd the Kid Fish and Cardboard Boat Regatta events will be held.
 - G. Earlier this month the community had an opportunity to provide feedback on an art sculpture to be placed in front of Fire Station #2.
 - H. The city received more than expected from the January sells tax.
 - I. Free Wi-Fi hot spots are available to check out at the library. This is more for those who do not have access to internet. The devices can be checked out for 2 weeks at a time.
 - J. City received a new fire truck.
9. Discuss Senior Friendly Business Award for 2022.

It is time to start putting a list together so members can submit recommendations to W. Clark.



10. Update on AARP Action Plan and to include discussion on the possible development of a Seniors Facebook page.
A committee of A. Reese, S. Pouzar, and W. Clark, along with staff will meet and report back next month.
11. Follow up on Health and Fitness seminar held March 8, 2022.
There were approximately 12 attendees. Speaker was interactive, interesting, and excellent speaker. Members would like to see her return for a future seminar but with more audience.
12. Follow up on plans for the Resource Fair in September 2022.
Board members reviewed a list of possible vendors and began discussion on the vendors to invite for the Resource Fair. There are a few more suggested vendors mentioned are a travel agency, mental health, and attorney. The goal is to confirm the invite list by May since invites need to go out in June.
13. Boards and Commissions appreciation in April 2022.
 - A. City Council approved the AARP Livable Communities Age-Friendly Action Plan on February 15, 2022. The action plan was submitted to AARP, and it was approved. A certificate was received and is valid until January 13, 2025. Stakeholder meetings will be scheduled to begin the implementation phase for year 1. Social Participation and Inclusion team will meet tomorrow morning. One of the elements is to speak with Youth Advisory Council on intergenerational activities in April and S. Pouzar and S. Bell volunteered.
14. No Senior Concerns.
Sharon Pouzar is involved with a walking group and concerned about the lack of sidewalks. Is there a resource for reporting speeding through residential areas. Aaron Cleaver stated he will pass information along to the Police Chief and to the Director of Public Works. If there are specific areas, send the information to A. Cleaver. It was mentioned if the neighborhood has an HOA, the HOA sometimes will have speed bumps installed.
15. No Public announcements.
16. No Members of the board requested topics for future meetings.
Reaching out to seniors - CERT call out.
17. Susan Bell made a motion to adjourn at 11:37 a.m. Virginia Denson seconded the motion. All those present approved.

Kenneth Williams, Chair

Aaron Cleaver, Parks & Recreation Director